

How bright does a candle shine?

By Jevon

When life happens, don't ask "why"  
Whether you're riding the high wave or facing adversity  
Never forget the fleeting nature of your present experience  
Everything changes all the time  
Your health, relationships, finances and feelings are all constantly changing  
Life is all about the experience of change  
Flow with the rhythm of your life  
While moving in your own direction  
Release your attachment to being right  
Rather be happy  
Or just be who you are  
Instead of what you believe others would like you to be  
Stay true to your heart  
Nothing else can guide you better  
Listen to your body  
It knows you best  
Do what you dream of  
It's the reason you're alive  
Question your thoughts  
Are they really your own?  
Take action Now!  
Tomorrow may never come  
And actually it never does  
Learn from your mistakes  
That's why they happen  
Let go of the past  
Accept your present  
Create your future  
Now is your best chance  
To know yourself  
And to be all that you are  
All that you can imagine  
And much more than that  
You are a child of the universe  
And a universe inside a child  
Marvel at your magnificence  
You are a one of the kind  
And connected to all  
A part of the whole  
Experiencing your existence  
In each moment of your life  
You are the observer  
You are the creator  
You are the choice maker  
Life is in your hands  
And the hands of God  
One and the Same  
Live Now  
As One  
Being of Light  
Shining bright  
Day and night  
You radiate  
Shine like a candle  
As bright as you can  
Forever  
Together  
We are One